

Sustainable Food Policy

London Metropolitan University currently outsources catering services across its campuses and works closely with its catering contractor to incorporate environmental, ethical and social considerations into our purchasing choices. This policy sets out the University's intentions to minimise the impact of its catering operations on the environment and to promote sustainable practices. The policy applies to all the catering outlets run by the University's Campus Operations Department.

Our aims are to:

- Increase use of seasonal fruit and vegetables and communicate clearly where seasonal products are being used
- Use meat and dairy produced using high animal welfare methods
- Reduce meat consumption through providing vegetarian alternatives, with a daily vegetarian option available across all catering outlets
- Reduce dairy consumption through providing milk alternatives at all outlets
- Purchase sustainable fish as defined by Sustain, Marine Conservation Society and Marine Stewardship Council
- Only free range eggs are purchased / used in food preparation
- Where possible use sustainable, local sourcing
- Increase purchase/sales of Fairtrade certified and fair-trade goods
- Reduce use of artificial additives
- Continue to reduce the amount of bottle water consumed on site by providing free drinking water at catering outlets
- Reduce food waste and packaging waste
- Reduce water and energy usage as part of the overall University's Carbon Management Plan
- Promote healthy eating habits and encourage provision of healthier menus
- Undertake communications and campaigns around sustainable food issues for staff and students on campus
- Carry out monitoring of our sustainability targets and review annually.

To support the above aims, the University will achieve bronze "Food for Life Served Here" accreditation.

Progress towards this policy will be reported on annually through the Environmental Sustainability Annual Report. Sustainable food targets and objectives are outlined in London Metropolitan University's Environmental Sustainability Strategy 2017-2020.

Signed *A. Marshall* Date 30 July 2018

Andrew Marshall, Commercial Business Manager