

For more information and how to get involved, please visit londonmet.ac.uk/sustainability
f t i @GreenLondonMet

- Show this flyer at any of our cafés to receive a 50p discount on all bamboo cup purchases.*
- Show this flyer at The Rocket Club Night on Wednesday 13 March to get discounted entry!**

Collect at least four stamps through the events this week to enter the prize draw on Friday 15 March at 1pm. You could win Fairtrade goodies, yoga mats, honey, bamboo cups and many more prizes!

Read green	Recycle	Get active	Reuse	Reusable cup purchase 50p discount!
Be green!	Learn	Dance	Have fun!	Bring me back to The Junction or The Atrium for a prize draw!

Please complete your details before you enter for a prize draw!

Name:
Email:
Phone number:

*The voucher can be used only once to get the discount.
**Single entry only, the voucher can be used only once.

Green Week 2019

11 to 15 March

What's on?



What's on during Green Week



All week

Vegetarian options

Available in the **Highbury Canteen** all week!

Read green

A green-themed book display
Where: Learning Centre and Aldgate library.

Holloway Road and Calcutta House roof gardens

Open daily during daylight hours!

Free stationery

Grab free stationery from the libraries all week as well as from **The Junction, The Atrium and Moorgate Basement.**

Green Week cocktails

Where: The Rocket
When: From midday to close

Monday 11 March

Coffee cup recycling revolution at London Met!

Celebrate the launch of our new coffee cup bins. Take part in the raffle and win prizes.

Where: Holloway Road, The Junction
When: 11am-2pm

Visit the bees

Where: Meet at the Rocket Reception
When: 12.30-1pm

Walk to Gillespie Park

Where: Meet at the Tower Building Reception
When: 12-1pm

Tower Building roof visit

Take a tour of our roof and see our solar panels!

Where: Meet at Tower Building Reception
Time: 3-3.30pm

Blue Planet movie screening

Where: The Rocket
When: 5pm
Complimentary popcorn available.

Tuesday 12 March

Green stalls

Pop by and grab a freebie! Educational and interactive stalls.

Where: Holloway Road, The Junction
When: 10am-3pm

Charity pop-up shop

Where: The Junction, Holloway Road
When: 10-3pm

Yoga

A gentle way to improve flexibility

Where: Dance studio, BE3-10
When: 1-1.45pm

Sustainability talk

Lost in talent – making it easier for people to have a positive environmental and social impact through fashion

Where: Goulston Street, GSG – 15a
When: 1-2pm

Blue Planet movie screening

Where: The Rocket
When: 5pm
Complimentary popcorn available.

Wednesday 13 March

Battle of the bins

Who can sort waste the quickest? Great prizes to be won!

Where: Holloway Road, Main Courtyard
Time: 1-3pm

Get active!

Pop by the Courtyard to try out badminton, golf and table tennis!

Where: Holloway Road, Main Courtyard
When: 12-2pm

Stretch / Mindfulness

Where: The Wash Houses

When: 12.15pm-1pm

Tower Building roof visit

Take a tour of our roof and see our solar panels!

Where: Meet at Tower Building Reception
When: 10-10.30am

Explore Highbury

Join our fitness and recreation team for a brisk walk!

Where: Science Centre
When: 1-1.40pm

Green Impact talk

Reduce the environmental impact of your office.

Where: Holloway Road, BPLG-03a, Green Zone
When: 3-4pm

Thursday 14 March

Green stalls

Pop by and grab a freebie! Educational and interactive stalls.

Where: Goulston Street, The Atrium
When: 10am-3pm

Charity pop-up shop

Where: Goulston Street, The Atrium
When: 10am-3pm

Learn to play basketball

Where: Sports Hall, Science Centre
When: 1-1.45pm

Dr Bike

Free maintenance session delivered by Cycle Confident.

Where: Outside Goulston Street reception
When: 10am-2pm

Zumba

Where: Sports Hall
When: 5-6pm

Book your tickets at londonmet.ac.uk/sustainability

Friday 15 March

Coffee cup bin raffle

Try out our new coffee cup recycling bins; find out why you should recycle and win great food vouchers and bamboo coffee cups!

Where: Holloway Road, The Junction
When: 11am-2pm – prize draw takes place at 1pm!

Gardening Club

Enjoy lunchtime gardening with our gardening club and learn how to make coffee cups into planters.

Where: Green Zone (Roding Building side), just walk up to the narrow staircase next to BP3-25.
When: 2-3pm

Fairtrade wine tasting

Where: The Rocket, Holloway Road
When: 5-6.30pm
£2 entry fee