

# J T WINKLER

## Short Biography 2008

Professor of Nutrition Policy at London Metropolitan University. Director of Nutrition Policy Unit. Responsible for post-graduate teaching in nutrition policy and co-ordination/communication of the university's activities in the field. [www.nutritionpolicy.org](http://www.nutritionpolicy.org)

Also Director of Food & Health Research, an independent consultancy on nutrition that works primarily with public interest organisations.

In both capacities, acts as a specialist researcher, policy analyst, writer, lecturer and consumer advocate on food, nutrition, and health.

Founder, officer and/or member of most UK voluntary groups concerned with diet and health, including London Food Commission, National Food Alliance, Coronary Prevention Group, Consensus Action on Salt and Health, Joint Health Claims Initiative, Baby Drinks Campaign, Action and Information on Sugars, and Sustain.

Trained as sociologist at the London School of Economics and Stanford University. Has held academic posts at the University of Kent, Imperial College London, Cranfield University, King's Fund Institute, working on a wide variety of economic and social policy issues.

Author of numerous articles, research reports, briefing papers, education materials and consultation documents on diverse aspects of nutrition policy. Selected recent publications include:

- \* The School Fringe: what secondary school pupils buy from the shops around their schools, 2008 [www.nutritionpolicy.org](http://www.nutritionpolicy.org)
- \* "Action Options for Omega 3s", Nutrition and Health, 2007
- \* "Imminent Applications of Nutrigenomics", in Kok, Desiere and Bouwman (Eds), Personalised Nutrition, CEC, 2007
- \* "The Fundamental Flaw in Obesity Research" Obesity Reviews, 2005
- \* "Post-Millennial Nutrition: Foods for the Future", Nutraceuticals International, 2000