



Sporting Achievements: 2007/08

Basketball

- Women's 1st team reach Semi-Finals of British University and Colleges Sport (BUCS)
- Women's 2nd team win BUCS Division Three and reach the finals of the BUCS Plate
- Men's 2nd team win BUCS Division Three
- English Basketball League (semi-professional)- runners-up in (and promotion from) Men's Division 3 and Women's Division 2

Tennis

- Men's 1st team and Women's 1st teams are Bronze Medallists at the European University Championships
- BUCS Champions- Men's 1st team
- BUCS Premier Winners –Women's 1st team
- BUCS Division 1 and BUCS Trophy Winners- Men's 2nd team
- BUCS Division 2 and BUCS Shield Winners- Women's 2nd team
- BUCS Individual Championships- all four titles won by London Met players (women's singles, women's doubles, men's singles, men's doubles)
- National Premier League (non- student league)- winners of Men's South-East regional League

Table Tennis

- European University Championships, Winners, Men's 1st team
- European University Individual Championships- Gold Silver and Bronze medals in Men's singles, Gold and Silver medals in Men's doubles
- BUCS Champions- Men's 1st team and Women's 1st team
- BUCS Individual Championships- four titles won by London Met players (women's singles, men's singles, women's doubles men's doubles, mixed doubles)

Badminton

- BUCS Division One Winners – Women's 1st team
- BUCS Individual Championships- silver medals in Men's and Women's singles

Netball

- BUCS Division 6 Winners- Women's 1st team

Combat Sports

- BUCS Individual Championships (Karate) – silver medal in men's Kata discipline

Institutional Awards

- At the end of the 2007/8 season, BUCS voted London Met as the second most improved sporting institution in the country
- The University was voted as the most improved institution in 2003/4

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