



## **Sustainability Essentials**

### This presentation will cover:

- Environmental Sustainability at London Met
- Who are the Sustainability Team?
- Reducing Single Use Plastics
- Recycling
- Drinking water
- Cycling
- Green Spaces
- Getting Involved
- How to Report Issues





### **Environmental Sustainability**

London Metropolitan University was named as the number one University in England and Wales for carbon reduction in 2017. We have already exceeded our 2020 target of a 50% reduction and reduced our carbon emissions of 66% since 2009.

The University has won awards for its work on carbon reduction including a Green Apple Award, Edie, Public Sector Sustainability Awards and Green Gown Award.



# **Your Sustainability Team**

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## Reducing Single Use Plastics at the University

Reusable Travel Cups - refill a reusable mug on campus and get a 30p discount on all hot drinks in Costa outlets and 10p discount in other cafes.

London Met cups are available for £3.50 each in our cafes - Moorgate, Blue Met, Learning Centre and the Junction.





# Reducing Single Use Plastics at the University

Compostable takeout containers –we use compostable containers to reduce plastic waste

Reusable water bottles – Refill your water bottle at our water fountains or ask any outlet on campus to refill it for you!





## **How to Recycle**

None of the University's waste goes to landfill.

**Food** – each staff kitchen has a brown food waste bin for any food leftovers.

General waste and mixed recycling - please use our dual bins black (general) & green (mixed recycling)

Paper - blue bins (found by the printers)









## **How to Recycle**

**Batteries** – red battery bin boxes are available in libraries, ICT and Estates

**Clothes** – yellow TRAID boxes are provided in each building. Locations are available on our website

**IT cables** – bin located at Tower Building T5-20







## **Drinking Water**

There are water fountains across campus where you can get water.

Search for your nearest water fountain in our maps.

Holloway Road water map

Science Centre water map

Learning Centre water map

Moorgate water map

Calcutta House Water Map





# **Cycling**

# Cycle parking spaces are available in the following locations:

Building	Location	Description
Tower Building	Next to reception	Cycle hoops
Tower Building	Back of Highbury Canteen	Covered cycle shelter access via gate 8
Learning Centre/Science Centre	Carpark between Science Centre & Learning Centre	Covered cycle shelter, request access from Science Centre reception
Learning Centre	Outside building	Cycle hoops
Goulston Street/Old Castle Street	Between Goulston Street and Old Castle Street	Access via Goulston Street, request access from reception
Goulston Street	Outside building, on east side of street outside the library windows.	4 stands to be installed on east side of street outside the library windows, parallel to kerb
Calcutta House	Old Castle Street, east side of street south of Pommell Way	3 cycle stands on east side of street south of <u>Pommell</u> Way, in line with trees/existing cycle stands
Calcutta House	Old Castle Street	Onsite cycle hoops next to Calcutta House and Small Block
Calcutta House	Old Castle Street, west side of street adjacent to Calcutta House	3 cycle stands on west side of street adjacent to Calcutta House, parallel to kerb, immediately north of existing cycle stands
Moorgate	Basement	Lockers for folding bicycles. Request a key from Moorgate reception



## **Cycling**

#### **Shower facilities**

You can use gym changing rooms and showers in the following locations:

- Tower Building Benwell Extension on the third floor next to the sports hall and dance studio
- Gym changing rooms and shower at the Science centre
- Calcutta House ground floor Fitness Room

#### Lockers

We have lockers for folding bicycles at Moorgate.

#### **Dr Bike Maintenance Sessions**

The University runs Dr Bikes sessions where experienced mechanics check everything on your bike from wheels, brakes, gears and tyre pressure to lights, racks, pedals and saddles. The latest sessions are available



## **Green Spaces and Biodiversity**

Although we are based in the city we have several green spaces you can enjoy:

- The gardens at Old Castle Street
- Holloway road campus Green Zone lounge patio
- The Calcutta House rooftop garden
- Holloway Road roof garden
- London Met bees we have installed two beehives on top of the roof in our Holloway campus with 40,000 bees. You can also watch the bees live







## **Get Involved - take part in Green Impact**

Green Impact is a simple and effective way for departments and teams to improve their health and wellbeing; connect with other staff across the organisation; and make positive changes to the workplace and our environment.

Register your team at





### Get Involved - Environmental Sustainability Management Team

The main purpose of the group is to develop and implement ideas to help reduce the environmental impact of the University. We meet around 4 - 6 times per year.

If there is something you are interested in such as increasing recycling or a project you would like to implement at the University we will help. The meeting is also a forum where you can raise issues that you might have seen across the University.

Join the Environmental Sustainability Management Team to raise any issues you are concerned about and find out what others are doing.



### **Get Involved**

### **Become a member of Gardening Club**

Everyone has a chance to grow and take home veggies and herbs as well as have lunch on the roof. Gardening Club runs every Wednesday 1-2pm at Tower Building.

### **Sustainability monthly newsletter**

Sign up to our monthly news to keep up to date with sustainability new

and events across the campuses.





### **How to Report Any Issues**

Please report any dripping taps, flickering lights, broken radiator valves, lights left on, heating issues, recycling, broken cycle lockers etc.

Please contact the Estates Help Desk on:

Self Service Helpdesk:

Cross site telephone number x 5555 via email





### **Further information**

Further information about what the University is doing to reduce it's environmental impact is available on our website

If you have any questions, please email the team at

Follow us on Twitter, Facebook and Instagram to receive updates and read our news stories to find out more about our projects.